

## UNIVERSAL NEONATAL HEARING SCREENING IN ALBANIA, 2009-2012.

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**Abstract**

**Universal neonatal hearing screening Project** started in Albania for the first time in January 2009. It was made possible by the support of Magis, an Italian NGO, as a grant of Italian government to the Albanian health system.

The incidence of permanent congenital hearing impairment (PCHI) is the highest among all the congenital diseases well known worldwide. It ranges from 1-3 hearing impaired children for 1000 births per year. This prevalence increases if we take into account the progressive and acquired hearing losses that continue to rise until the age of 9 years old.

The early diagnosis of PCHI is essential in preventing the irreversible consequences in the speech development of the children born with this handicap.

**The aim** of this study was to assess the prevalence of PCHI in Albania.

**Background**

Early interruption of the sensor stimuli in the auditory system is followed by morphological and functional damage of the neurons. This damage can be prevented only by early stimulation of the auditory system within a sensitive period. **Universal neonatal hearing screening Project** started in Albania for the first time in January 2009. It was made possible by the support of Magis, an Italian NGO, as a grant of Italian government to the Albanian health system.

The incidence of permanent congenital hearing impairment (PCHI) is the highest among all the congenital diseases well known worldwide. It ranges from 1-3 hearing impaired children for 1000 births per year [1-5]. This prevalence increases if we take into account the progressive and acquired hearing losses that continue to raise until the age of 9 years old [6].

The early diagnosis of PCHI is essential in preventing the irreversible consequences in the speech development of the children born with this handicap.

**"use it or lose it"**- [7] Early interruption of the sensor stimuli in the auditory system, is followed by morphological and functional damage of the neurons.

This damage can be prevented only by early stimulation of the auditory system within a sensitive period [7]

Recent technological advances have made feasible universal newborn hearing screening and therefore early detection of permanent childhood hearing impairment. Over the past three years, new information has been published on whether early intervention is beneficial, the possibility of harm arising from newborn screening, and its cost. Dramatic progress has been made in the large scale implementation of universal screening in many parts of the western world.

**Methods**

The efficacy of a screening program depends on a well -organised structure which includes the public administration, health and educational centers taking into account the cost and profit ratio.[4,5]

The screening should cover the whole population of newborns, because is obvious for everyone who works in this field that selective screening, misses almost half of the babies born with hearing impairment. Half of the children born with any degree of hearing impairment don't fall to any risk group. [3,4]

For the first time in Albania a UNHS was implemented as a three year project, starting from January 2009 until December 2012. The screening covered the three main cities of Albania; **Tirana, Shkodra and Fier**. The total birth rate in Albania is

30000-35000 births per year.

We decided to follow the Guidelines of the JCHI to apply a *two step* screen in which an infant who shows "no clear response" on the initial test undergoes a second test soon after the first.

If the second test also shows no clear response, the case is referred for audiologic evaluation. The principal neonatal screening tests are detection of transient evoked otoacoustic emissions (TEOAEs) and auditory brainstem response (ABR) testing. The screen consists of either repetition of one of these tests or sequential use of the two different methods either in all babies or, in other applications, only if the first test gives no clear response. [2]

The tests we use are:

**TEOAE – tension evoked otoacoustic emission**, it is an objective test for neonatal screening to a level of 30 dB, as OAE's are only observed in ears which are in good physiological condition. TEOAE may be affected by incomplete clearance of fetal middle ear fluid or vernix caseosa (debris) in the external ear, resulting in referral rates of 5% to 20% when screening is performed during the first 24 hours after birth, it lowers day by day in the first week of life to 1.9% on day 7.[6]

**ABR- auditory brainstem response** is an objective test, extracted from ongoing electrical activity in the brain after transmitting sound click stimulus into the baby's ear through an headphones. The potentials are recorded via the electrodes placed on the scalp. The resulting recording is a series of waves from I-V. These waves occur in the first 10 milliseconds after the onset of the stimulus.

The ABR is used for newborn hearing screening, auditory threshold estimation, intraoperative monitoring, determining hearing loss type and degree, and auditory nerve and brainstem lesion detection.[6]

**The first level:** every newborn is tested with TEOAE in the neonatal units of the maternities of Tirana, Shkodra and Fier within the first 3 days of life. This is a quick, automatic and non invasive test. The expected results are "pass" or "refer". If the baby results a "refer" case, he/she will underwent the second step exams such as ABR.

**The second level:** every "refer" case will be examined by mean of ABR (auditory brainstem response). Another group of newborns which will be submitted to ABR is that is the group that is recovered in the NICU for more than 5 days, because of the great risk for retrocochlear pathologies. This exam is performed in the pediatric ENT department of the UHC "Mother Theresa".

### Results:

Universal neonatal hearing screening in Albania started on January 2009 until December 2012. 47341 newborns were tested. 93 babies resulted with bilateral hearing loss after the two steps screening. 85 babies had hearing aids, 8 babies decided to get medical treatment abroad.

The incidence at the end of the project is 2.1 babies with bilateral hearing impairment per 1000 births / year. **(2.1/1000 births)**

Results	2009	2010	2011
Total number of TEOAE	13570	16896	16876
PASS	96.20%	97.80%	97%
fail or Refer	3.80%	2.20%	3%
Lost	2.03%	1.30%	1.36%
Hearing impairment	0.19%	0.23%	0.21%

### Discussions

Even though the expected prevalence was higher, we should take into account some reasons that influenced on it.

-In some cases the families did not accept the screening, and this mainly because of the low cultural or /and intellectual level,

-The nurses were not available making it impossible for the babies to go through the screening.

-Some parents didn't return for the reexaminations of the first or second level.

-The center for the second level exams is located only in Tirana, making it difficult for children from other cities to come and go, for follow up exams.

-We believe that the incidence of bilateral hearing impairment would rise significantly if the screening covered the remote areas of Albania where the socio- economical and health care level is low.

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